



GOLDEN BOY TEC

Weekend Retreat

May and October Long Weekends at the CSE in St. Malo

What is TEC?

TEC ("To Encounter Christ") is a unique experience in Christian living for people 16 years old and up. The central theme of TEC is the Paschal Mystery, Christ's invitation to die to ourselves and rise to a new and fuller life. TEC is not primarily an experience for the intellect, but rather for the heart.

At TEC you can:

- Experience a fresh, different atmosphere away from home, school, or work.
- Reflect and share with others.
- Find a God that you can believe in.
- Encounter Christ alive and risen today.

What happens at TEC?

TEC is led by a team of priests, adults, and teens who have previously participated in TEC weekends. Team members share their experiences of Christ as He lives and moves in their lives. The weekend also includes discussion of the sacraments, their meaning in today's church, and in the lives of everyone present. Group sharing, chapel visits, Eucharistic celebrations, music, and the joy of being yourself are a part of what makes each weekend a joyful and beautiful experience.

How and when should I apply?

Applications must be received no later than two weeks prior to the TEC weekend. The cost for the weekend, including meals and accommodations, is \$150. Space is limited, so send in your application early.

You can apply online at www.gbtec.ca/apply-now

TEC - To Encounter Christ is endorsed by the Archdioceses of Winnipeg and St. Boniface

